



MARKET UPDATES

Week of April 7, 2024



Seafood

ICELANDIC COD - COD LOINS AND MARKET

- A reminder that, like every year, supplies around Easter get very limited on both cod loins and market cod fillets.

LOCAL HADDOCK

- Reminder: Spawning season has started.

LIVE LOBSTERS

- Reminder Price expected to increase this week.
- Keeping very limited amounts in stock on both the 1 ¼ & 1 ½ lb.
- Reminder: please preorder.

FAROE ISLAND SALMON

- Price increase taking effect for deliveries starting Tuesday 4.9.24. Around a \$ 1.30 per lb. increase. Price increase due to the plants closing for the Easter holiday. Limited supplies and increase in demand.

OYSTERS LIVE IN SHELL

- Reminder – Beau Soleil, Raspberry points, Savage Blondes remain out of stock with vendors.
- Irish points seeing *slight* increase in supplies just not consistent yet.

Meat

BELLA BELLA

- Bella Bella - Friendly reminder, we are now stocking Bella Bella Duck Pastrami (#WA804).
-

BLACK RIVER MEATS NER RETAIL PATTIES

- Pack size and codes changing.
- Moving from the current 8/1lb 3 patty packages to a 12/2-6oz patty format.
- Current code #WB068 moving to #PF844.

BLACK RIVER MEATS NER STEAK TIPS

- New item. Steak Tips #PF842,
- Starting next week we will be producing NER steak tips using our extra mouthwatering tender Coulotte steaks and Tenderloin butts.

Dairy

EGG MARKET

- Due to a serious outbreak of H5N1 egg prices will remain high. While the situation is still evolving, availability should remain steady.
- May see an increase in local and organic sales which may put pressure on some smaller egg producers in Vermont.

PETE & GERRY'S

- As mentioned above, Pete & Gerrys is one of our local growers that have been impacted by increased demand of their organic eggs which has created a strain on their supply.
- Their overall production of organic mediums is down because there are fewer organic eggs in the supply chain to run, which causes a lower yield in the by-products (mediums and jumbo).
- Pete & Gerry's anticipates supply to remain tight until summer months.

Specialty / Grocery

GARUKA BARS

- We were able to source their new spring seasonal flavor this season. Acai coconut bars, #PG330, landed Friday 4.5.24 .

VERMONT FRESH PESTO

- Pesto, #WB564, scheduled to be back in stock on Tuesday 4.9.24.

MOKSHA FARMS

- Eggrolls, #WB236 are back in stock.

GLOBAL VILLAGE

- Expect to be tight on bulk falafel, #NW762, for another week or so. Vendor is trying to produce as fast as possible.

CHELSEA APPROVED

- Within the next two weeks, Chelsea Approved will be changing all their retail packs to 8ct cases. More information to follow.

New / Reactivated Items

#PG330	Bar Garuka Acai Coconut Energy 15ct		Garuka Bars
#PF844	Beef Patty ground 80/20 Retail	12 pack of 2 – 12/12oz packs	Black River Meat, NER
#PF842	Beef Steak Tips	10/1lb	Black River Meats, NER
#PD940	White Chef Potatoes	50lb	Northeast Kingdom Potatoes (Sparrow Arc Farm)
#PF138	Chipper Potatoes Unsized	50lb (great for frying)	Northeast Kingdom Potatoes
#PD946	White Potato	10/5lb	Northeast Kingdom Potatoes
#PD942	Gold Potato	10/5lb	Northeast Kingdom Potatoes
#PE314	Beef Salami Caraway Stick	16/4 Oz	Vermont Salumi
#EK484	Pixie Tangerine	9x2 Lb.	In-stock Seasonal Item
WA986	Pixie Tangerine	8x3 Lb.	In-stock Seasonal Item
#NW712	English Peas		Seasonal Late Line
#H1160	Fava Beans		Seasonal Late Line

Discontinued / Deactivated Items

#EJ710 Delicata Squash Done for the season.



PRODUCE

WEST COAST TRANSITION

- Reminder: The transition into northern growing regions has begun. Over the next two weeks vegetable shippers will move their operations out the Yuma, AZ area to Salinas, CA.
- This affects all row crops including broccoli, cauliflower, lettuces, leafy greens, etc.
- Some shippers and commodities have already moved up while others will continue south until mid April.
- Logistics and availability become more challenging on some items at this time.

APPLES

- Reminder: May start to see some gapping on the New York honey crisp within the next few weeks as the storage crops are all most out. We will then move out to Washington.

ASPARAGUS

- Mexican volumes are trending down.
- Peru will start back up in a couple weeks.
- Some small pockets of domestic production could start next week.
- New Jersey could see some light volume mid to late April with good availability in mid-May.

AVOCADOES

- Equal Exchange organic avocados are having more supply issues.
- Next delivery will not be until 4/16.
- Conventional avocados are still seeing elevated pricing and might hold until after Cinco De Mayo

BLACKBERRIES CV/OG

- Market expected to remain at current levels next week. Quality has been mixed.

BLUEBERRIES CV

- Market has tighten a bit this week with South American fruit coming to an end.
- Mexico remains in good supply.
- Florida has started with light volume, as well as Georgia.

BROCCOLI CV/OG

- Market expected to remain tight for another 7-14 days.
- Expect to see improved quality and volume at that point..

BRUSSELS SPROUTS CV/OG

- Growers continue to report good supply and quality through this week.
- Pricing is up a bit due to stronger demand in market.

CAULIFLOWER CV/OG

- Market remains unchanged.
- Good supply this week. Market should be soft for next couple weeks with availability in north and south.
- Quality has been excellent in color and size.

CELERY CV/OG

- Market expected to remain at current levels over the next two weeks.

- Quality and sizing have been good.
- Seeing some minor insect pressure in organics. .

GREEN MOUNTAIN HARVEST

- Watercress continues to climb in demand so we have increased our pars of Green Mountain Harvest watercress.
- Watercress is a delicious and unique addition to Spring menus.

LEMONS CV/OG

- Good supply remains on large fruit out California with limited availability on 140ct and smaller.
- Quality has been mixed.

LETTUCE CV/OG

- Lettuce production remains spread throughout the west coast for one more week from Yuma, AZ to Salinas, CA.
- Most of our whole head supply is coming from new northern production areas while processed lettuce is coming out of Yuma.
- Romaine heart market is improving with better sizing and color.
- Pricing is easing on iceberg and leaf lettuce.

LETTUCE, LITTLE LEAF

- Little Leaf continues to experience devastating shortages to their supply. Retail clamshells should remain unaffected but 3lb bulk cases continue to have very low volumes available to ship. Supply will remain tight for at least the next 4 weeks.

LIMES

- Light supply with light demand have continued to keep pricing at bay.
- Expect market to firm up as we move toward Cinco De Mayo.
- Harvest is currently trending heavier on small fruit.

ONIONS

- Seeing some smaller sheds in the Northwest start to finish up with their storage crop. Expect to be able to stay with our Idaho onion crop until April. Then we might transition down to Texas which is scheduled to start in mid-March.

ORANGES CV/OG

- Supply remains very tight on navels, 88ct and smaller, especially in organics.
- Seeing some quality issues on both organic and conventional blood oranges and Cara Cara navels this week.
- Pixie Tangerines are expected to be in good supply through April. Quality has been excellent.

PEPPERS

- Starting to see relief on both colored and green peppers as the availability has increased. Expect to have some strong pricing on conventional colored peppers next week.

POTATOES (IDAHO)

- Market remains unchanged.
- We are into the new Peak codes.
- Larger 40/50ct potatoes are becoming a bit tight so pricing is slightly elevated.
- Smaller counts are strong and plentiful.

POTATOES: NEW VENDOR ALERT

- Reminder: We have partnered with Northeast Kingdom Potatoes (Sparrow Arc Farm) out of Guildhall, Vermont. Our first load of Chipper Potatoes #PF138, White Chef #PD940 and some 10/5lb retail potatoes White #PD946 and Gold #PD942 should be in house by 4/2.
- We are unfortunately nearing the end of their season, but we look forward to being able to offer many other options with the new season in the fall.

RASPBERRIES CV/OG

- Forecast on raspberries is for a gradual uptrend in volume over the next few weeks.
- Quality has been mostly good with occasional crumbled berry and light color.

SCALLIONS

- Supply will remain light for another week due to labor and quality issues.
- Pricing to remain at current levels through this week.

SPRING VEG

- English Peas #NW712 and Fava Beans #H1160; out of Mexico with light supply.
- Expect to start to see ramps and fiddleheads as we move toward the end of April.

STRAWBERRIES CV/OG

- Mexico and Florida seasons are coming to an end.
- Production is moving to California which continues to struggle with wet weather conditions.
- Quality will likely be a continued struggle through the next couple weeks.

TENDER LEAF ITEMS

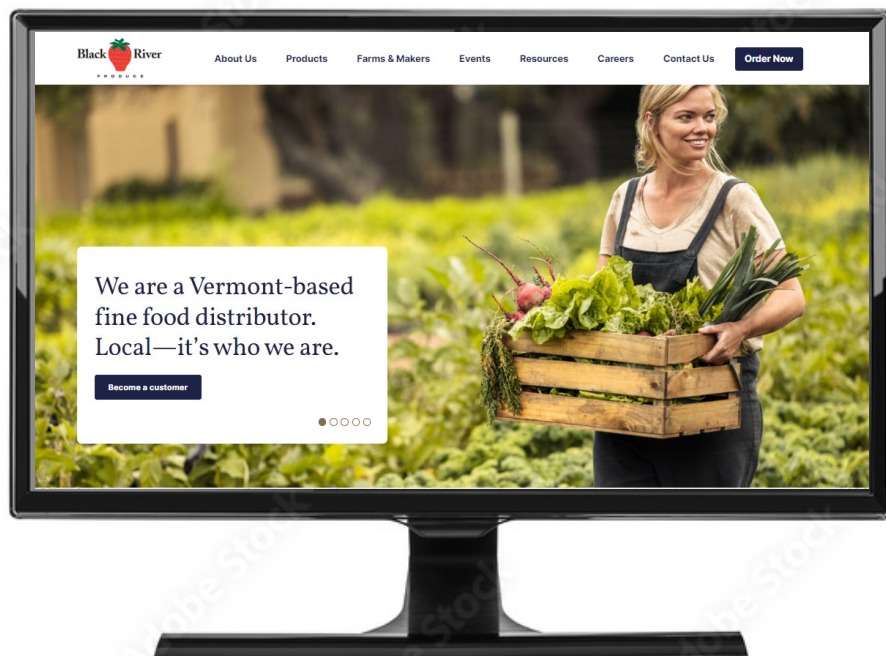
- Seeing yellow leaf and flowering in arugula.
- Issue will likely continue for another 7-10 days.
- Spring mixes have had some occasional burn.
- Spinach has had some mechanical damage..

TOMATOES

- Market remains unchanged.
- Still seeing supply issues in Florida and Mexico.
- Mexico is slowly picking up but not enough to turn the market lower yet.
- Grape and cherry tomato pints are also still tight, and pricing is elevated.

WATERMELONS

- Still seeing high prices on bin watermelons. We are hoping to see it trend down as the season picks up.



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